

Home

The true facts

- There are about 1.6 billion homes in the world, about 100 million in the US alone. This is where you use the most energy and water and create the most amount of waste.
- On average you create about 4.5 pounds of trash ever day.
- Americans use at least twice as much water and energy per person as anyone else in the world.
- 40% of the drinking water supplied to homes is flushed down the toilet.

What damage are we doing to ourselves and the earth?

- 10-year-old dishwashers use as much as 15 gallons of water per cycle.
- Ovens and ranges can be the biggest power hogs in the kitchen, consuming on average close to 1,000 kilowatt-hours of electricity annually for cooks who use them more than once a week.
- Researchers are now determining chemicals found in Teflon have harmed infants by altering their hormone levels.
- By 2025, the world must increase its water supply by 22% to meet its needs.

How can I change my habits?

- Take a shorter shower
- Keep the refrigerator door closed – it is the single biggest energy-consuming kitchen appliance.
- Turn off the water when brushing your teeth.
- Recycle your junk mail, or register with the Mail Preference Service to reduce the amount you receive.
- Wrap your water heater in an insulating blanket to store heat.
- Clean you dryer lint screen, and don't overload.

What are the benefits in changing my ways?

- Every two minutes you save on your shower can conserve more than ten gallons of water.
- If everyone in the US separated the paper, plastic, glass and aluminum products from the trash and recycled them, we could decrease the amount of waste sent to landfills by 75%.
- Just by adjusting your thermostat one degree higher for air-conditioning and one degree lower for heating, you could save \$100 a year on your utility bill.
- If everyone in the US turned off the water when brushing their teeth, the daily savings would be 1.5 billion gallons of water.
- If everyone in the US recycled their junk mail, \$370 million in landfill dumping fees could be saved each year.